

Newport Church of England Junior School



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Dear Parent/Carer,

As part of our PHSE studies over the next four weeks we will be delivering our Living and Growing programme. Our Living and Growing programme is the mainstay of our Relationships and Sex Education programme. This has been agreed by Governors and through extensive parental consultation.

The outline programme will be:

Year 3 – Will be looking at changes that happen to them. They will be introduced to life cycles and become aware of the differences between males and females. The children will be given the opportunity to reflect on these differences.

Year 4 - Will be looking at changes that will happen to them. They will be introduced to life cycles and explore the differences between males and females. The children will be given the opportunity to reflect on these differences.

Year 4 girls will also be beginning to talk about the emotional and physical changes that take place in puberty.

Year 5 – Discussion regarding this topic will take place in single gender groups. They will be considering the physical and emotional changes that take place as girls and boys go through puberty. We address the myths and misconceptions around this topic. Boys will be made aware of the changes that occur as girls become young women and vice versa.

Year 6 - Discussion regarding this topic will take place in single gender groups. Children will look at how babies are made and explore the idea of age appropriate relationships. They will look at how baby develops in the womb and how babies are born. They will look at the needs of babies before and after birth. Children will be given the opportunity to reflect on the roles and relationships in the family.

As a parent carer you have the right to withdraw your child from this scheme of work, although not from the statutory requirements within the Science curriculum. If you wish to discuss this further please contact either myself or Mr Ashton for further clarification.

Mrs Sisson
PSHE Coordinator