

Get Telford Walking

Sunday 19 May



Join us for a walk on 19 May



Choose From:

- A short circular walk, about 30 45 minutes, from each GP surgery at 10 am (Shawbirch 11 am)
- A guided linear walk from each surgery to Telford Town Park using the Telford T50 50 mile trail
 - See overleaf for details of starting points and times
 - Start from your own surgery, or join another walk at a time or distance that suits you
- You can choose a local charity and raise some sponsorship for your efforts or just join us for a fun day out

Certificates for those finishing at the Town Park at 3 pm where refreshments will be available.

If you would like to use your walk as a sponsored walk you may like to use the certificate as proof.

Note: Those finishing at the Town Park will need to make their own arrangements to return home or to their starting point.

Under 18s welcome provided they are with a responsible adult.

For full details visit the website at https://www.telfordt5050miletrail.org.uk/get-telford-walking

or our Facebook page at https://www.facebook.com/GetTelfordWalking/

or email <u>info@telfordt5050miletrail.org.uk</u>

or phone 01952 583484

















Telford T50 50 Mile Trail Walk Meeting Points and Times

Surgery/Meeting Point	Post Code Route		Distance Start time		
			(miles)		
Shawbirch	TF5 OLT	2	17.4	08:00*	
PRH	TF1 6TF	2	16.2	08:20*	
Leegomery	TF1 6PP	2	15.0	08:40*	
Wellington	TF1 1PZ	2	13.7	09:00*	
Harper Adams	TF10 8NB	3	12.8	09:30*	
Ironbridge	TF8 7DT	1	10.8	10:00*	
Donnington (Longer)	TF2 8EA	3	11.4	10:00*	
Newport (Linden)	TF10 7EN	3	10.5	10:00*	
Newport (Wellington Rd)TF10 7HG	3	10.3	10:05*	
Sutton Hill	TF7 4DH	1	8.8	10:45*	
Dawley	TF4 2AA	2	9.4	11:00*	
Muxton (Longer)	TF2 8PF	3	9.3	11:00*	
Lawley	TF4 2LL	2	8.0	11:15*	
Hadley	TF1 5NG	2	6.4	12:15	
Hadley,Highfield	TF1 5NX	2	6.2	12:15	
Muxton (Shorter)	TF2 8PF	3	6.3	12:15	
Woodside	TF7 5NR	1	6.0	12:30	
Donnington (Shorter)	TF2 8EA	3	5.8	12:30	
Lightmoor	TF4 3TX	1	4.3	13:00	
Oakengates	TF2 6JJ	2	4.2	13:15	
Charlton	TF2 6AQ	2	4.1	13:20	
Aqueduct	TF4 3RB	1	3.4	13:30	
Priorslee (Gatcombe)	TF2 9GZ	2	3.5	13:45	
Madeley	TF7 5BU	1	2.8	13:50	
Madeley Court	TF7 5EE	1	2.4	14:00	
Priorslee (The Glen)	TF2 9NW	2	2.3	14:00	
Mallinslee	TF3 2JZ	1	1.8	14:10	
Stirchley	TF3 1FB	1	1.7	14:15	***
Hollinswood	TF3 2EW	2	1.0	14:25	
Hollinswood (Holliwell)	TF3 2BH	2	1.0	14:30	

^{*} Please bring a packed lunch

Maps of all routes available from https://www.telfordt5050miletrail.org.uk/get-telford-walking

PLUS short circular routes from all these points at 10 am (except Shawbirch 11 am)

Note: All walkers walk at their own risk.

Please wear suitable footwear.

Well behaved dogs on a lead at the front or back of the group are welcome Please arrive at least 10 minutes before the start time.

^{***} Leader will only arrive at 14.15 to 14.20