



## Shropshire and Telford & Wrekin Virtual School Games

# CRICKET

**Achieve the challenge:** Complete the 2 Cricket Challenges and record your results

### HOW TO PLAY

#### Challenge 1: Catching

How many body parts can you touch before catching the ball? Throw the ball in the air and you must touch as many body parts as possible without dropping the ball. Every body part you touch is worth 1 point. E.g. 5 body parts is 5 points.

How many points can you score with one throw?

#### Challenge 2: Throwing

Tape some wickets to your wheelie bin or draw on a wall with chalk—wickets are 28.5 inches high and 9 inches wide. Measure 5 metres away from your wickets and you have to see how many times you can hit the wickets in 10 attempts. Every time you hit the wickets its 3 points.

How many points can you get in 10 attempts?

### EQUIPMENT:

Tennis ball or similar ball (pair of socks if needed) | Wall or wheelie bin | Tape or chalk



### VIDEO LINK:

Challenge 1:

<https://youtu.be/YH13MS71gp8>

Challenge 2:

<https://youtu.be/uYJhYJES4E>



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#Crick-



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# CRICKET

### SAFETY:

Ensure you have enough space  
Be aware of your surroundings and remove anything breakable

### CHANGE IT UP:

Use a smaller or larger object  
Move further or closer away from the wickets

### KEY SKILLS:

Catching—Throwing—Aiming —Speed—  
Accuracy—Concentration— Determination

### SPIRIT OF THE GAMES:

During the **#CricketChallenge** we hope to see the following School Games Values on show



Challenge	Score
Body Part Touches	
Target Practice	
<b>Total of 2 challenges</b>	

#VirtualSTWSchoolGames



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#CricketChallenge