

Good morning and happy Friday my lovely 5H! Xxx

To get yourselves ready...

- Make sure you're sitting somewhere comfortable with something to lean on, like a table.
- You need the tablet/laptop/screen on the table where you can see it.
- Get your pencil case and your orange homework book ready in front of you. (If you can't find your homework book, try and find some lined paper.)
- Get yourself a drink or your water bottle too 😊

Your timetable for today:

English

Mindfulness

Maths

Reading

Courageous advocates work

English

Friday means one thing and one thing only...

Free-write Friday!

Remember:

- You can write about absolutely anything! (poems, diary style, instructions, stories...)
- You can illustrate your writing (draw or decorate)
- Don't worry about spelling or cursive handwriting...this is your time to be creative

Mindfulness

My Feelings Thermometer


The idea of this activity is that you think about your feelings as a scale, not a fixed feeling. Begin to think about what you can do to help yourself feel better when the more negative feelings appear.

Start with the hot headed emotions like anger and frustration at the bottom and work your way up to the happy and excited emotions at the top.

Name _____

My _____ Thermometer

What I look like What can I do?



The image shows a worksheet for a mindfulness activity. At the top right, there is a line for 'Name'. Below that, the title 'My _____ Thermometer' is centered, with a blank line for a name. Underneath the title, there are two columns: 'What I look like' on the left and 'What can I do?' on the right. In the center of the page is a large, vertical thermometer graphic. It consists of a thick black vertical line with a rounded top and a solid black circular bulb at the bottom. Two horizontal blue lines are drawn across the thermometer to indicate a scale.

Maths

To assess my confidence in multiplication to decide if I will multiply mentally or using a method.

Success criteria

1. I know my ability at multiplication both mentally and using a written method.
2. I understand how I can multiply more effectively.
3. I can support my decision using a preferred method.

Begin by thinking...

What is the difference between mental and written methods?

Written = using the column method, using the place value grids for \times and divide by 10,100,1000

Mental = counting in your head, using your fingers, making jottings

When and why would we use a mental method?

When and why would we use a written method?

Look at these examples:

Mental

3×5 10×3 $10 + 7$ any of your times tables

$30 + 40$ $500 + 300$ $7000 + 1000$ ignoring the zeros

Written

245×13 $1346 + 3295$ $1539 - 2346$ numbers too big to keep in your head

Either

Timesing and dividing by 10, 100 or 1000. This depends how confident you are. You may need to use a place value grid or you may be able to do it mentally.

Your task

Create a table in your book like this:

<i>Mental</i>	<i>Written</i>

Look at the multiplication questions on the next slide.

Decide whether you would do them mentally or written.

Write them in the correct column and work the answer out.

1 star: Complete the above task.

2 star: Complete the task. Explain why you have chosen the method.

3 star: Complete the task. Explain why you have chosen this method.

Can you create some of your own for each column?

Reading

Use your log on information that I gave you on Tuesday for Fiction Express.

Click on '**books**' on the side menu.

Scroll down to '**all level 3 books.**'

Read chapter 2 of Cosmo Mars and the Egyptian Curse.

Courageous Advocates

Our class courageous advocate for this half term is **Florence Nightingale**.

Do some research online, in any books you have or using the differentiated information sheet I have attached.

Make a poster about Florence Nightingale. Include:

- why she is courageous
- how she has impacted on the modern world today
- her lasting legacy (how we remember her)
- how we could use her as inspiration for ourselves