


How do people express their faith through the arts?

Learning Objective:

To recognise that expressing faith involves feelings and emotions.



How many
ways of showing
emotion are there?

How can you tell
what a person is
feeling?

How many of these emotions can you act out using each different form of expression?

anger

fear

joy

contentment

excitement

Facial expression

Body language

Tone of voice



People like to express their feelings in lots of different ways. Some people express how they feel by writing things down, either as stories, poetry or in a diary. Others like to draw or paint pictures, create sculptures, choreograph dances or write songs.

Why do you think religious people might choose to show their religious ideas and beliefs using some of these forms of expression?



There are lots of different reasons why people choose to express their religious beliefs through the arts. For some people, writing poetry or painting a picture is a good way to focus on a difficult concept or idea and try and make sense of it. Others want to show the rest of the world how they feel about their religion. But mostly, people want to use their talents for art, dance, music or drama as a form of worship and as another way to show how they feel about God.



Have you ever felt that there was something you could not express in words that you could express in some other way?

Drawing a picture



Now choose one of these emotions:

Anger

Fear

Sadness

Happiness

Excitement

Nervousness

Contentment

Satisfaction

Jealousy

Use your activity to portray the emotion you have chosen. Think about how people express that emotion and what you will need to do to get the emotion across in your work.