



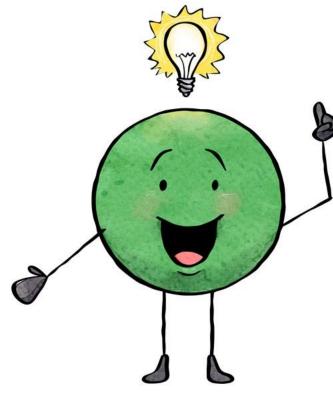


It means you want very much to do something or achieve something

It means you have a goal you really want to succeed at

You might have ambitions to be a vet, a doctor, a train driver, a long distance runner or an actor.

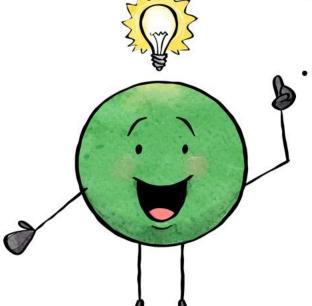
Ambitions are achievable but need lots of hard work!





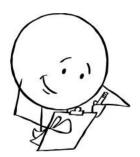
ACTIVITIES





- Think about something you really really really want to achieve in the future.

 It can be absolutely anything at all but it should be achievable with hard work.
- Draw a picture of you with a BIG thinking bubble. You could also get someone to take a photo of you and then cut out your photo and stick it to your sheet of paper. Draw or write your ambition in the thinking bubble.



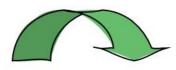


Your ambitions might change over time but it is always good to have a long term goal



Affirmations





I have ambitions

Look in a mirror and repeat these statements out loud every single day!

I can achieve my ambitions with hard work







