Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Big Breakfast: bacon, sausage, scrambled egg, vegetarian sausage, hash browns/waffles, mushrooms,	Tortilla wrap with a selection of fillings: ham, chicken, cheese, tuna.	Traditional roast beef lunch. Sliced beef with creamed mashed potatoes, roast potatoes, carrots, broccoli and peas.	Beef bolognaise with spaghetti and home made garlic bread.	Battered fish or sausage served with chips, mushy peas, gravy, curry sauce, bread and butter and seasonal salad.
tomatoes, baked beans. Bread.	Macaroni cheese/vegan vegetable pasta	Yorkshire pudding and gravy.	Mixed bean, quorn mince and tomato pasta bake.	Vegetarian parcels.
Rice Pudding	Seasonal Salad. Fruit crumble with custard	Oven roast vegetables served in a Yorkshire pudding with a cheese top.	Seasonal salad.	Ice cream
	Fruit crumble with custard	Bakewell Tart	Jam and coconut sponge with custard.	

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and potato pie with seasonal vegetables, homemade bread and seasonal salad.	Chicken curry with boiled rice and naan bread.	Tortilla wrap with a selection of fillings: ham, chicken, cheese, tuna. Seasonal salad.	Homemade chicken pie with mashed potato, seasonal vegetables, Yorkshire pudding and gravy.	Battered fish, salmon fishcake or sausage with chips, mushy peas, gravy and/or curry sauce.
Chocolate crunch with mint custard	Quorn chicken curry with cauliflower and broccoli.	Vegan vegetable pasta.	Vegetarian parcels.	Seasonal salad
	Fruit and yoghurt.	Trifle.	Flapjack selection.	Ice cream

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in tomato sauce with spaghetti, homemade garlic bread and grated cheese.	Sliced chicken with mashed potato, roast potatoes, broccoli, carrots and peas.	Pizza wheels with oven baked sliced potatoes. Seasonal salad bar.	Hunters chicken with seasonal vegetables, roast potatoes and boiled potatoes.	Battered fish, fish finger or sausage with chips, mushy peas, baked potatoes, gravy, curry sauce and bread and butter.
Quorn balls. Iced sponge with custard.	Oven roast vegetables in a Yorkshire pudding with a cheese top. Fruit crumble and custard	Cookie selection	Cheese and onion puffs. Ice cream	Fresh fruit or cheese and crackers.