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OF GETTING  
AHEAD IS  
GETTING  
STARTED



## NEW SCHOOL OPENING

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£39 & GET A  
FREE SUIT

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TO BOOK  
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Helps younger children to focus and improves their attention span while having lots of fun and keeping fit

### CADETS 8-11 YEARS

Military style Martial Arts classes teaching important values such as discipline, self-control and respect

### ADULTS

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35+ CLASSES A WEEK, 7 DAYS A WEEK AT OUR FULL-TIME LOCATION

[www.britishmilitarymartialarts.co.uk](http://www.britishmilitarymartialarts.co.uk)

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Head Instructor-  
Elijah Everill  
13 x WAKO World Champion



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