



**Monday 18th July to Wednesday
17th August 2022.**

The theme for 2022 is **Journeys of
Empire.**

**South
Asian
Heritage
Month**

Watch this video...

<https://www.southasianheritage.org.uk/about>

Why do we have South Asian Heritage Month?

South Asian Heritage Month provides an opportunity to celebrate and acknowledge the culture, history and lives of the three million people with South Asian heritage living in the U.K. today and to provide a greater understanding of why Britain looks as diverse as it does today. It also presents an opportunity to recognise the massive contribution of those with South Asian heritage who have come to the U.K. indirectly, via other Commonwealth countries or elsewhere in the world.

What countries make up South Asia?

- Afghanistan
- Bangladesh
- Bhutan
- India
- The Maldives
- Nepal
- Pakistan
- Sri Lanka

Every single one of those countries has been hugely impacted by its relationship with Britain, primarily through war, colonisation, and ultimately via the British Empire. People of South Asian heritage are a significant part of the British population, with about 1 in every 20 people in the country being of South Asian heritage.

NJS South Asian Courageous Advocates



Mahatma Gandhi
India



Malala Yousafzai
Pakistan