



The Jellyfish

A jelly fish has intense and deep emotions for their children but finds it hard to control them. It sends a message they needed to be handed carefully. Jellyfish can also unintentionally sting others with their responses.



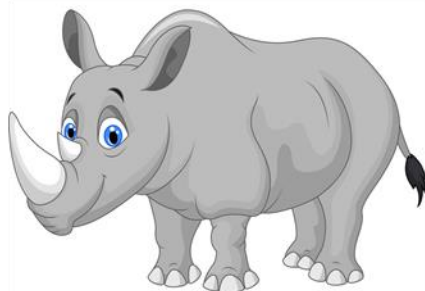
The Ostrich

Care and passion are so evident with the ostrich. It cares so much but finds the tough times difficult. The ostrich finds it difficult to deal with big emotions and puts their head in the sand, avoiding what seems difficult. Children can sometimes misinterpret this response as uncaring or rejection.



The kangaroo

With their best intention, this type of carer does everything to protect their children. They let the child jump into the pouch, which can sometimes can have the impact of letting the child avoid any challenges or difficult emotions.



The Rhino

The Rhino deeply cares and has the child's best at heart, but through trying to achieve this, the carer is fuelled by stress and frustration. At times, they will persuade and convince through confrontation. This fits the mentality of "just get over it".



The Terrier

This carer is loyal, reliable and wants to protect the child at all costs.

Sometimes, this can take the form of trying to change the child and becoming critical of the child's actions, thoughts and behaviour, just like a terrier who yaps and barks.



The Dolphin

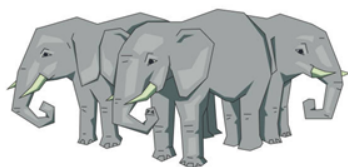
The dolphin helps the child by gently nudging them to safety, swimming ahead, leading the way, showing them new places.

Sometimes the dolphin might swim behind and let the child lead.



The St Bernard

This carer responds with calmness, warmth and compassion. They accept the child, their emotions and thoughts. They offer hope towards children.



The herd of elephants.

It is important for parents to remember that they are not alone.

A whole team of supportive and caring adults around the family are all contributing to supporting the child. A herd of elephants not only support the child but each other.