

Newport C.E. Junior School SEND



newsletter - Autumn 2023

Autumn Term's News

Dear Parents/Carers,

Welcome to another autumn term, new pencil cases, shiny shoes and lunchboxes packed. We look forward to working with you and your children during this academic year.

Termly focus

This term's focus is sensory processing needs and autism.

Autumn term can be stressful for any child, and parents, but for those who are on the autism spectrum it can be even more of a trying time.

The new environment, new faces - both members of staff and peers - can be very unsettling. We hope that the opportunity for you to meet with the new class teacher and be part of the hand over process last

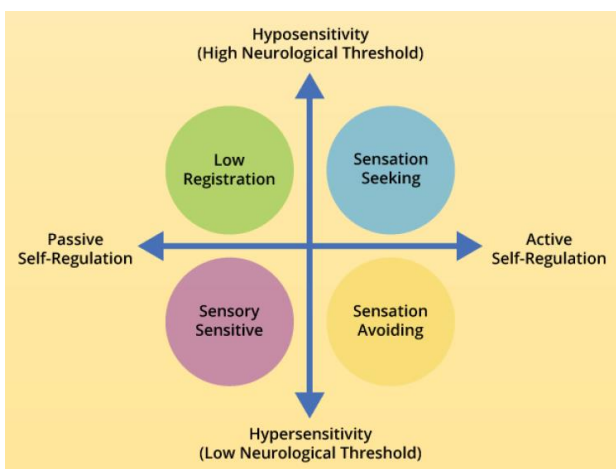
summer term has given you some peace of mind that your child's first few days with their new class teacher will be smooth for them.

We are hoping to offer the SEND coffee afternoon later in the term with autism and supporting a child with autism as the focus. We have invited the Telford Autism Hub to attend on Monday 6th November at 2pm. In the meantime, the BBC have a video which discussing how to support a child with autism at the beginning of term. <https://www.bbc.co.uk/bitesize/articles/zbsvsk7>

SENSORY processing needs:

Children with sensory processing needs behave in ways that look confusing. They might react strongly to loud noises or bright lights or complain that their clothes are uncomfortable. They may be clumsy or have trouble with fine motor skills like fastening buttons. Some children show extreme behaviours like screaming when their face gets wet or melting down at an unexpected change.

These behaviours happen because the child is having trouble processing the information they receive from



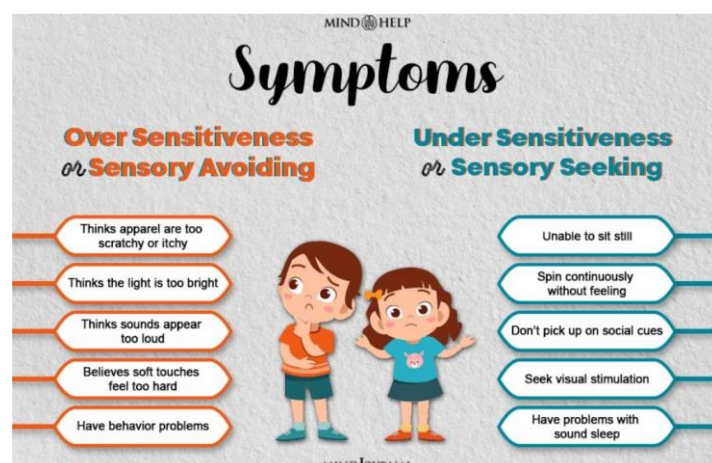
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their senses. The senses include touch, hearing, taste, smell and sight. There are also two internal senses that give the child information about their movement and where their body is in space.

Children with sensory needs can be hyposensitive or hypersensitive. Hyposensitive children need more sensory stimulation. They often love to move around and crash into things. Hypersensitive children avoid strong sensory stimulation and get overwhelmed easily.

A change in environment can trigger a child's sensory difficulties. For example, a child who is calm sitting in a quiet car might get overwhelmed in a bright, crowded grocery store. They may have a tantrum or try to run away.

Many parents of children with sensory needs call their behaviours sensory processing disorder, or SPD.



Currently, sensory needs are considered a symptom of autism because many people on the autism spectrum experience them. But not everyone with sensory issues is on the spectrum. Some have ADHD, OCD or developmental delays. Or they may not have a diagnosis at all.

To access a checklist of sensory processing traits visit the web address below:

<https://www.sensorysmartparent.com/yourchildssensoryportrait>

If you have any concerns in the meantime, please contact the class teacher or SENCO directly.

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BEAM has leaflets on support for transition available on the Telford local SEND offer website.

https://www.telford.gov.uk/downloads/download/3340/the_children_s_society_-_beam

service provided by

Beam

Shropshire
Telford and Wrekin

proud to be part of

Bee

Emotional Health and Wellbeing

emotional wellbeing drop-in for
children and young people under 25.

BEAM DROP-INS ARE HELD:

Mondays & Tuesdays	9 Market Square, Wellington, Telford TF1 1BP	Open: 12pm Close: 7pm
Thursdays	Upstairs at Palmer's Café, Claremont Street, Shrewsbury SY1 1QG	Open: 2pm Close: 7pm
Saturdays	9 Market Square, Wellington, Telford TF1 1BP	Open: 11am Close: 4pm

BEAM IS NOW IN LUDLOW!

Ludlow Youth Centre, Ludlow SY8 1RT

FIRST and THIRD Wednesday of each month Open: 3.30pm Close: 7pm

PLEASE NOTE: no sessions will be started during the last hour of our drop-ins. This means we cannot accept anyone into the service after 6pm on weekdays or 3pm on Saturdays.

Ask us about...

BEAM WORKSHOPS therapeutic group support relating to a range of common mental health and emotional wellbeing topics.
Ask for our current workshop calendar!

GRAVITY—THE BEAM YOUTH PARTICIPATION GROUP gives young people the chance to be involved with shaping the Beam service.

AskBeam@childrenssociety.org.uk

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Emotional Health and Wellbeing

You can come and see us when YOU want to!

WHO CAN USE BEAM?

Anyone under the age of 25 can get support from Beam.

Parent and carer support can be given in conjunction with a young person.

No referrals & no appointments: those wishing to access the Beam service can just come along to a drop-in session.

Beam is run by **The Children's Society**, a national charity that works with the most vulnerable children and young people in Britain today. For more information about the history of our organisation, as well as details of our various projects, please visit our website:
<https://www.childrenssociety.org.uk>

We are a **friendly team** made up of **Therapists, Youth Workers & Wellbeing Volunteers**.

We **listen** + know this can make all the difference.

Our aim is to give **advice, sign-posting and support** with any concerns relating to **feelings and emotional wellbeing**.

WE WILL Help you to understand your thoughts and feelings, give you practical support and suggestions as well as worksheets to take away if needed.

WE WON'T Diagnose, automatically make referrals or provide appointments.

It can be scary going somewhere for the first time: our drop-ins are set out to be as welcoming as possible. A team member will greet you and ask you to register before a practitioner will introduce themselves, and then take the time to listen before making suggestions.

AskBeam@childrenssociety.org.uk

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Key Contacts

SENDCO: Jane Kerr

njs.send@taw.org.uk

jane.kerr1@taw.org.uk

Inclusion Manager: Tom Marsh/ Eloise Ollerenshaw

SEND admin: Jo Anderson

Headteacher: Nicola Moody

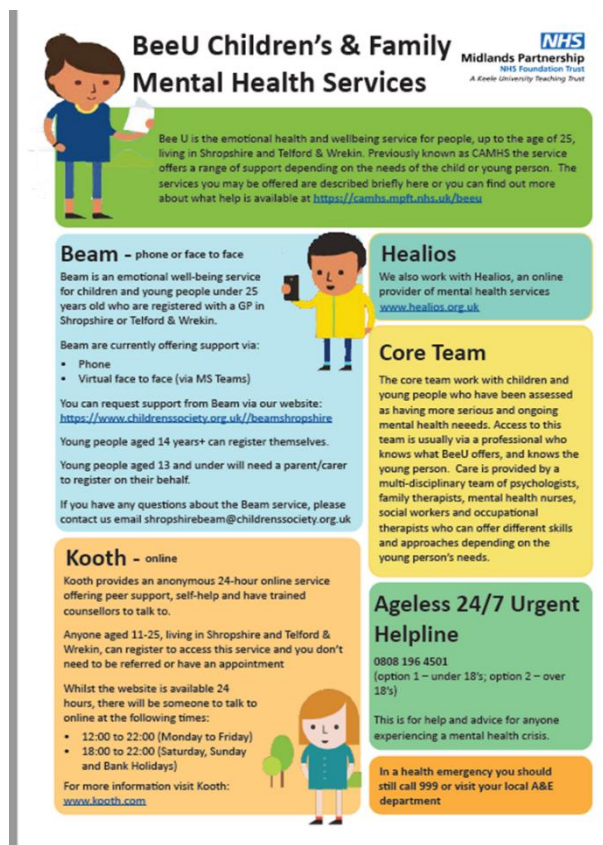
01952 386600

Local offer:

<https://www.telfordsend.org.uk/site/index.php>

Telford and Wrekin SEND parent newsletter:

www.telfordsend.org.uk/info/1/home/109/send_new
[S](#)



BeeU Children's & Family Mental Health Services

NHS
Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

Bee U is the emotional health and wellbeing service for people, up to the age of 25, living in Shropshire and Telford & Wrekin. Previously known as CAMHS the service offers a range of support depending on the needs of the child or young person. The services you may be offered are described briefly here or you can find out more about what help is available at <https://camhs.mgft.nhs.uk/beeU>

Beam – phone or face to face
Beam is an emotional well-being service for children and young people under 25 years old who are registered with a GP in Shropshire or Telford & Wrekin.

Beam are currently offering support via:

- Phone
- Virtual face to face (via MS Teams)

You can request support from Beam via our website: <https://www.childrenssociety.org.uk/beamshropshire>

Young people aged 14 years+ can register themselves.

Young people aged 13 and under will need a parent/carer to register on their behalf.

If you have any questions about the Beam service, please contact us email shropshirebeam@childrenssociety.org.uk

Healios
We also work with Healios, an online provider of mental health services www.healios.org.uk

Core Team
The core team work with children and young people who have been assessed as having more serious and ongoing mental health needs. Access to this team is usually via a professional who knows what BeeU offers, and knows the young person. Care is provided by a multi-disciplinary team of psychologists, family therapists, mental health nurses, social workers and occupational therapists who can offer different skills and approaches depending on the young person's needs.

Ageless 24/7 Urgent Helpline
0808 196 4501
(option 1 – under 18's; option 2 – over 18's)
This is for help and advice for anyone experiencing a mental health crisis.

Kooth – online
Kooth provides an anonymous 24-hour online service offering peer support, self-help and have trained counsellors to talk to.

Anyone aged 11-25, living in Shropshire and Telford & Wrekin, can register to access this service and you don't need to be referred or have an appointment

Whilst the website is available 24 hours, there will be someone to talk to online at the following times:

- 12:00 to 22:00 (Monday to Friday)
- 18:00 to 22:00 (Saturday, Sunday and Bank Holidays)

For more information visit Kooth: www.kooth.com