

Name

Class

Year 3

P.E Evidence Organiser

		Attainment Achieved		
Term	Sport	Working Below National Standard	Working At National Standard	Working Above National Standard
Autumn	Gym Unit 1			
	Dance Unit 1			
	Handball			
	Beginners Swimming			
Spring	Gym Unit 2			
	Football			
	Tag Rugby			
	Beginners Swimming			
Summer	Dance Unit 2			
	Athletics			
	Cricket			
	Intermediate Swimming			

YEAR 3 AUTUMN - GYMNASTICS UNIT 1

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
To create different shapes.		
To control my own body when rolling.		
To jump.		
To show partner unison (mirroring)		
To show body patterns.		

List 3 different jumps you learnt:

List 3 different shapes that you've learnt:

I enjoyed / didn't enjoy this gym because

The skills I think I learnt were

I think I did well because

Key Questions

What does unison mean?

How should you move between shapes?

What was your best shape? Why?

CT Comments

Photos of these lessons can be found:

In this pack

On the website

YEAR 3 AUTUMN - DANCE - UNIT 1

<i>Key Skills</i> - these are the skills I have achieved during this unit.		
	CT	Myself
<i>To perform a jazz square</i>		
<i>To perform as two opposite parts.</i>		
<i>To explore different movements</i>		
<i>To share ideas as part of a group</i>		

How might a dance change if a character is;	
Happy	Sad
<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

I enjoyed / didn't enjoy this dance because

The skills I think I learnt were

I think I did well because

Key Questions

What does unison mean?

How should you move between shapes?

What was your best shape? Why?

CT Comments

Photos of these lessons can be found:

In this pack

On the website

YEAR 3 AUTUMN - HANDBALL

Key Skills - these are the skills I have achieved during this unit.		
	CT	Myself
To show a catching ready position.		
To perform two new passes.		
To moving with the ball.		
To intercept in small sided games.		
To know the attacking positions.		

List 3 types of passing you learnt:

List 3 rules of handball you've learnt:

I enjoyed / didn't enjoy this handball because

The skills I think I learnt were

I think I did well because

Key Questions

Why is it important to stay on the pitch?

What did you do to help the team score?

What shapes can we make as a team to spread the defence?

CT Comments

Photos of these lessons can be found:

SWIMMING

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
Beginning Skills:		
1. Pulling and pushing.		
2. Stabilising - feet upright off the ground.		
3. Submerging.		
4. Prone float.		
5. Supine float.		
6. Leg action on back.		
7. Push, glide, turn.		
8. Doggy paddle.		
9. Transition from glide to stroke.		

Key Questions

How long could you glide for when your partner counted?


Did you improve your distance and with which stroke?

What will help you move fast when you are sculling on your back?

Spiritual Spark,

Autumn:

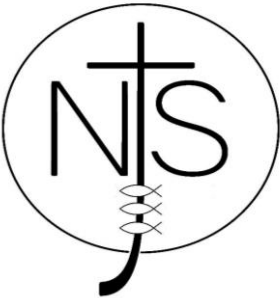
Should you always have to eat a balanced diet?



YEAR 3 - OTHER SPORTING ACTIVITIES COMPLETED

Autumn Photo / Drawings / Details / Dates

Or you can find my work:



Name

Class

Year 4

P.E Evidence Organiser

		Attainment Achieved		
Term	Sport	Working Below National Standard	Working At National Standard	Working Above National Standard
Autumn	Gym Unit 1			
	Dance Unit 1			
	Netball			
	Beginners Swimming			
Spring	Gym Unit 2			
	Hockey			
	O.A.A			
	Intermediate Swimming			
Summer	Dance Unit 2			
	Athletics			
	Rounders			
	Intermediate Swimming			

YEAR 4 AUTUMN- GYMNASTICS UNIT 1

What three things have I learnt previously, in Year 3 about Gym?

1. _____
2. _____
3. _____

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
To show changes in speed.		
To show cartwheel progression		
To show composition ideas (creative) and to refine your sequence.		

Draw 3 stages of a cartwheel:

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I enjoyed / didn't enjoy this gym because

The skills I think I learnt were

I think I did well because

Key Questions
How many different elements can you identify?

Did you travel differently in your sequence? How?

How can you be safe when performing a cartwheel?

CT Comments

Photos of these lessons can be found:

In this pack

On the website

YEAR 4 AUTUMN - DANCE - UNIT 1

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
To develop a dance freeze frame.		
To practice and perform a slide and roll.		
To learn to replicate a set phrase.		
To work collaboratively to sequence movements.		
To create a 5-action routine.		

What are the three parts of a routine?

1. _____

2. _____

3. _____

I enjoyed / didn't enjoy this dance because

The skills I think I learnt were

I think I did well because

Key Questions

What is a sequence?

Explain the different action in your dances - did you stick to the superhero theme? Why/Why not?

What is your favourite movement and why?

CT Comments

Photos of these lessons can be found:

In this pack

On the website

YEAR 4 AUTUMN - NETBALL

Key Skills - these are the skills I have achieve during this unit.		
	CT	Myself
To protect the ball.		
To attempt basic shooting techniques.		
To play in a game using one to one marking.		
To play using the correct footwork rule.		

List 3 tips you have learnt for passing:

List 3 tips you have learnt for shooting:

I enjoyed / didn't enjoy this netball because

The skills I think I learnt were

I think I did well because

Key Questions

In what other sports would you need to mark players and why?

What are some of the rules for netball? List at least two.

What are the things you did well and why?

CT Comments

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On the website

SWIMMING

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
Beginning Skills:		
1. Pulling and pushing.		
2. Stabilising - feet upright off the ground.		
3. Submerging.		
4. Prone float.		
5. Supine float.		
6. Leg action on back.		
7. Push, glide, turn.		
8. Doggy paddle.		
9. Transition from glide to stroke.		

Key Questions

How long could you glide for when your partner counted?


Did you improve your distance and with which stroke?

What will help you move fast when you are sculling on your back?

Spiritual Spark,

Autumn:

What is more important a healthy body or a healthy mind?



YEAR 4 - OTHER SPORTING ACTIVITIES COMPLETED

Autumn Photo / Drawings / Details / Dates

Or you can find my work: _____

SWIMMING

<i>Key Skills - these are the skills I have achieved during this unit.</i>		
	CT	Myself
Intermediate Skills:		
1. Jump in from side and submerge.		
2. Sink and roll.		
3. Front crawl legs.		
4. Surface dive.		
5. Linking three floats.		
6. Breaststroke legs.		
7. Somersault in water.		
8. Sculling face in water.		
9. Kicking while submerged.		

Key Questions

How did using a push and a glide improve the speed of your swim?

If you were part of a relay team that had to swim 20m - which stroke would you use and why?

Why is it important to be in a streamlined position when kicking?

Spiritual Spark,

Autumn:

What is more important a healthy body or a healthy mind?

YEAR 4 - OTHER SPORTING ACTIVITIES COMPLETED

Autumn Photo / Drawings / Details / Dates

Or you can find my work: _____



Name

Class

Year 5

P.E Evidence Organiser

		Attainment Achieved		
Term	Sport	Working Below National Standard	Working At National Standard	Working Above National Standard
Autumn	Gym Unit 1			
	Dance Unit 1			
	Handball			
	Intermediate Swimming			
Spring	Gym Unit 2			
	Hockey			
	Dance Unit 2			
	Intermediate Swimming			
Summer	Cricket			
	Athletics			
	Tennis			
	Advanced Swimming			

YEAR 5 AUTUMN - GYMNASTICS UNIT 1

What three things have I learnt previously, in Year 4 about Gym?

1. _____
2. _____
3. _____

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
To compete a round off.		
To explore symmetry and asymmetry.		
To show and perform counterbalances.		

Describe a round off:

I enjoyed / didn't enjoy this gym because

The skills I think I learnt were

I think I did well because

Key Questions

What makes a performance visually pleasing?

How can you be a good partner in gym?

Why do you need good communication in gym?

CT Comments

Photos of these lessons can be found:

In this pack

On the website

YEAR 5 AUTUMN - DANCE - UNIT 1

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
To apply some basic Bollywood actions.		
To perform locomotion movements.		
To describe key features of a line dance.		
To work collaboratively with a group of 4.		
To use knowledge of basic line dancing steps to create your own.		

List 3 features of line dancing:

Name 3 locomotion movements:

I enjoyed / didn't enjoy this dance because

The skills I think I learnt were

I think I did well because

Key Questions

Why is it easier to create more exciting movement patterns with larger groups instead of as an individual or pair?

Why do they call the dance move "around the world?"

What are some of the key characteristics of line dancing?

CT Comments

Photos of these lessons can be found:

In this pack

On the website

YEAR 5 AUTUMN - HANDBALL

What three things have I learnt previously, in Year 3 about Handball?

1. _____
2. _____
3. _____

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
To practice and attempt a jump shot.		
To close angles as a goalkeeper.		
To dribble.		
To pivot to make successful passes.		
To complete a handball drill.		

List 3 new rules of handball you’ve learnt:

I enjoyed / didn’t enjoy this handball because

The skills I think I learnt were

I think I did well because

Key Questions

Which areas of handball do you feel you need to work on?

What is a handball drill?

Can you name any sports that would use set drills?

CT Comments

Photos of these lessons can be found:

In this pack

On the website

SWIMMING

<i>Key Skills</i> - these are the skills I have achieved during this unit.		
	CT	Myself
<i>Intermediate Skills:</i>		
1. Jump in from side and submerge.		
2. Sink and roll.		
3. Front crawl legs.		
4. Surface dive.		
5. Linking three floats.		
6. Breaststroke legs.		
7. Somersault in water.		
8. Sculling face in water.		
9. Kicking while submerged.		

Key Questions
How did using a push and a glide improve the speed of your swim?

If you were part of a relay team that had to swim 20m - which stroke would you use and why?

Why is it important to be in a streamlined position when kicking?

Spiritual Spark,

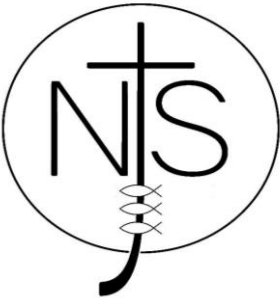
Autumn:

Can unhealthy living be reversed? How?

YEAR 5 - OTHER SPORTING ACTIVITIES COMPLETED

Autumn Photo / Drawings / Details / Dates

Or you can find my work: _____



Name

Class

Year 6

P.E Evidence Organiser

		Attainment Achieved		
Term	Sport	Working Below National Standard	Working At National Standard	Working Above National Standard
Autumn	Gym Unit 1			
	Dance Unit 1			
	Tag Rugby			
	Intermediate Swimming			
Spring	Gym Unit 2			
	Football			
	Netball			
	Advanced Swimming			
Summer	--			
	Athletics			
	Rounders			
	Advanced Swimming			

YEAR 6 AUTUMN - GYMNASTICS UNIT 1

Key Skills - these are the skills I have achieved during this unit.		
	CT	Myself
To prepare for vaulting.		
To explore dismounting.		
To use a range of equipment.		

List 3 top tips for KS2 Gym:

List 3 new skills have you learnt in this unit:

I enjoyed / didn't enjoy this gym because

The skills I think I learnt were

I think I did well because

Key Questions

Why do unison and cannon work well together in a sequence?

How did the warm up help your performance?

CT Comments

Photos of these lessons can be found:

In this pack

On the website

YEAR 6 AUTUMN - DANCE - UNIT 1

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
<i>To use tension and extension to control your body.</i>		
<i>To perform some basic street dance skills.</i>		
<i>To compose a street dance performance.</i>		

List 3 top tips for KS2 Dance:

List 3 new skills have you learnt in this unit:

I enjoyed / didn't enjoy this dance because

The skills I think I learnt were

I think I did well because

Key Questions

If you were going to perform as a small group rather than a pair, what compositional ideas could you use to extend your phrase? (formations, canon, lifts etc)

CT Comments

Photos of these lessons can be found:

In this pack

On the website

YEAR 6 AUTUMN - TAG RUGBY

What three things have I learnt previously, in Year 3 about tag-rugby ?

1. _____
2. _____
3. _____

Key Skills - these are the skills I have achieved during this unit.

	CT	Myself
To support a player with the ball.		
To complete a set play for attacking.		
To transition from attack to defence.		

List 3 new rules for tag-rugby

What 3 top tips would you give to someone new to tag-rugby

I enjoyed / didn't enjoy this tag rugby because

The skills I think I learnt were

I think I did well because

Key Questions

Why is it important to organise your team quickly into defence positions?

CT Comments

Photos of these lessons can be found:

- In this pack
- On the website

SWIMMING

<i>Key Skills</i> – these are the skills I have achieved during this unit.		
	CT	Myself
<i>Intermediate Skills:</i>		
1. Jump in from side and submerge.		
2. Sink and roll.		
3. Front crawl legs.		
4. Surface dive.		
5. Linking three floats.		
6. Breaststroke legs.		
7. Somersault in water.		
8. Sculling face in water.		
9. Kicking while submerged.		

Key Questions
How did using a push and a glide improve the speed of your swim?

If you were part of a relay team that had to swim 20m – which stroke would you use and why?

Why is it important to be in a streamlined position when kicking?

Spiritual Spark,

Autumn:

In sport, is fair always equal? Is equal always fair?

YEAR 6 - OTHER SPORTING ACTIVITIES COMPLETED

Autumn Photo / Drawings / Details / Dates

Or you can find my work: _____