



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR



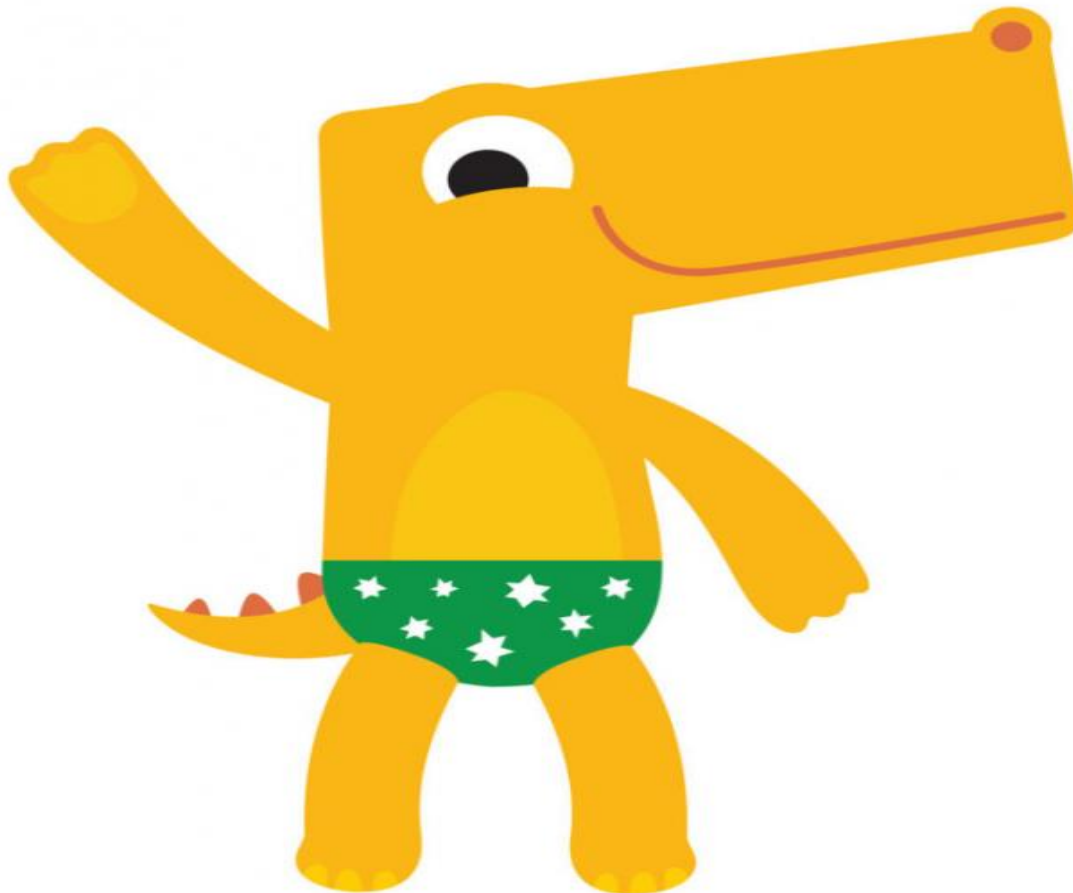


NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Your body

- Your body belongs to you.



Good and bad touch

- Touch can be **good** or **bad**.
- People touch you for different reasons.
- Sometimes touch feels bad, but is necessary.
- You should never be asked to keep secrets about touch.

People you can trust

- Who do you trust most in the world?
- Trusted people are different for everyone.



The PANTS rules

PRIVATES ARE PRIVATE

ALWAYS REMEMBER YOUR
BODY BELONGS TO YOU

NO MEANS NO

TALK ABOUT SECRETS
THAT UPSET YOU

SPEAK UP, SOMEONE
CAN HELP

Your privates are private



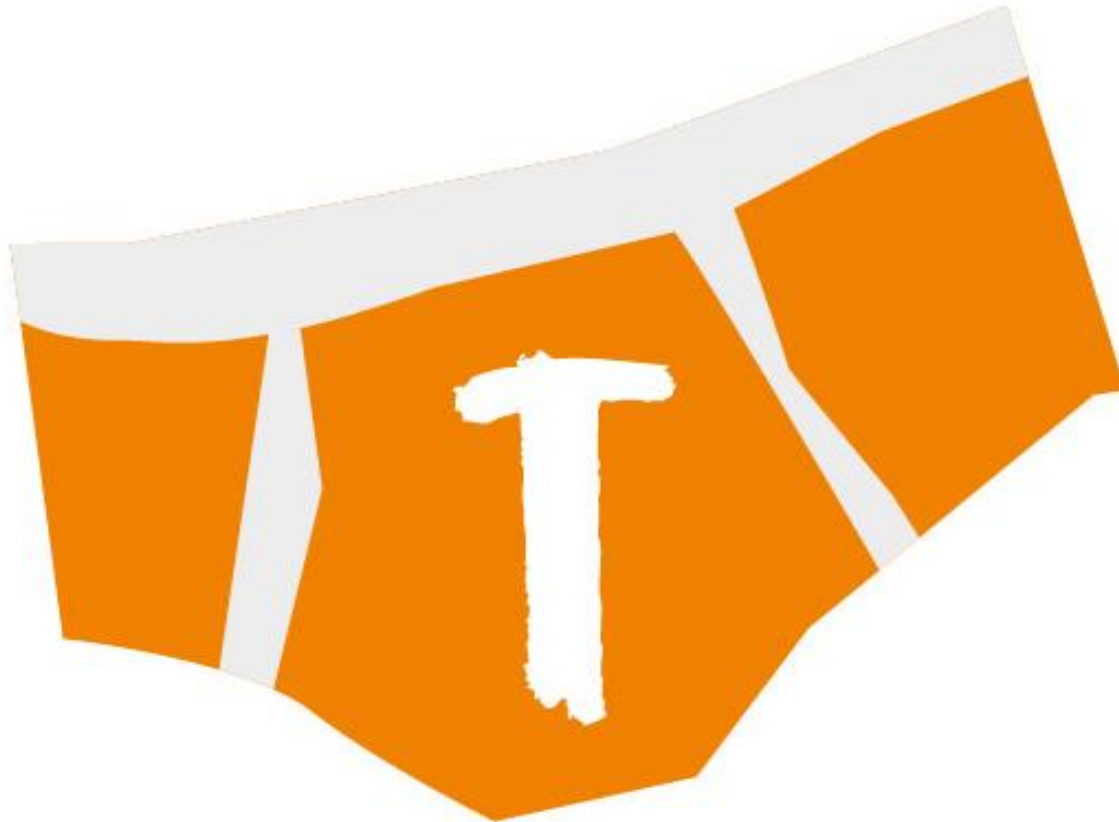
Always remember your body
belongs to you



No means No!



Talk about secrets that upset you.



Speak up someone can help.



Remember the PANTS rules

PRIVATES ARE PRIVATE

ALWAYS REMEMBER YOUR
BODY BELONGS TO YOU

NO MEANS NO

TALK ABOUT SECRETS
THAT UPSET YOU

SPEAK UP, SOMEONE
CAN HELP



and tell them straight away

Useful links and resources for parents.

The NSPCC advice page for parents.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

The Talk Pants Guide for Parents.

<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/pants/pants-2018/pants-parents-guide-online.pdf>