

# Newport C.E. Junior School SEND



## newsletter

### Spring 2026

#### [Spring Term's News](#)

#### [This Term's News](#)

Dear Parents/Carers,

A warm welcome back to a snowy January. We have lots of activities planned throughout the term for children, parents and grandparents to enjoy, so hopefully it will soon warm up.

As always, our priority is for the children and their needs, both academic and personal wellbeing, and we look forward to working with you through the term. If your child seems to be struggling with the sad news of the loss of Mrs Green, please contact the school and we will work with you to support them through this time.

#### [Termly focus](#)

Each term we will focus the spotlight on a particular area of special educational needs and disabilities. This term we will focus on ADHD.

#### What is SEND?

**Special educational needs and disabilities (SEND)** is a term used to describe learning difficulties or disabilities that make it harder for a child or young person to learn compared to children of the same age.



## What is ADHD?

Attention deficit hyperactivity disorder (ADHD) is a neurodevelopmental condition that affects behaviour and concentration.

Children and young people with ADHD often seem unusually restless, impulsive or distracted. They may speak or act without thinking, struggle with organisation, find it hard to focus or appear to be always on the go. Some people with ADHD do not experience hyperactivity. This used to be called attention deficit disorder (ADD), though this term is no longer used officially. ADHD is not a mental health condition or a learning disability. But children and young people with ADHD may also have other conditions or experience mental health problems.

Living with ADHD can be very challenging, for children and young people as well as for their parents and carers. But the right diagnosis and support can make a big difference to a child's learning, life skills and relationships, as well as making family life easier. There is also lots you can do as a parent or carer to help your child manage the things they find difficult.

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#### What are the most common signs of ADHD?

A child with ADHD may:

- be easily distracted, finding it difficult to start or finish tasks
- often feel unable to concentrate
- often feel restless or fidgety
- be very talkative, often interrupting or blurting things out
- act impulsively, for example doing something before considering consequences or being prone to taking risks
- be easily angry or frustrated, or struggle to deal with emotions
- find making or maintaining friendships difficult
- be disorganised, for instance often losing things or being late
- lack awareness of time

Every child or young person with ADHD is an individual and they may not display all of these behaviours. Many of these behaviours are normal in younger children. They can also be caused by traumatic experiences. So, if your child is showing some of these signs, it does not necessarily mean they have ADHD.

Please speak to the class teacher if you are concerned about anything raised in this newsletter.

We will be holding our next SEND coffee afternoon on 29th January at 2pm with our link LSAT.



**There are lots of organisations and charities that offer advice and support for children and families in Telford, including PODS (Parents Open Doors), Telford Autism Hub and SENDIASS**



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### **Key Contacts**

SENDCO: Jane Kerr

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Inclusion Manager: Megan Wheat

SEND admin: Amber Whitehouse

Headteacher: Nicola Moody

01952 386600

Local offer:

<https://www.telfordsend.org.uk/site/index.php>

Telford and Wrekin SEND parents area:

[www.telfordsend.org.uk/info/1/home/109/send\\_new](http://www.telfordsend.org.uk/info/1/home/109/send_new)

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