

This grid shows the lessons that will be taught using the new Kapow Resources. Some of these lessons reflect the new curriculum that has been implemented for September 2026. There are only two lessons now that parents have the right to withdraw children from in Year 6.

Summer 2026 RSE	1	2	3	4	5	6
Y3	How can I respect myself?	What are my personal boundaries?	What makes a family?	How can I be a good friend?	How can we repair a friendship after falling out?	What are the different types of bullying?
Y4	What are body boundaries?	How will I grow and change during puberty?	Which emotional changes could I experience when growing up?	What is a period?	How can we show kindness and understanding about body changes?	Who can I talk to about growing up and changes?
Y5	How will my body grow during puberty?	How can I keep myself clean and hygienic?	How can we treat others with kindness during puberty?	How can I manage my emotions and feelings during puberty?	What is a period?	How can I challenge behaviour which crosses personal boundaries?
Y6	Alcohol	Critical Digital Consumers	Social Media	Physical and Emotional Changes of Puberty	Conception (Parents may withdraw children from this lesson)	Pregnancy and Birth. (Parents may withdraw children from this lesson)

This grid shows the lessons that will be taught reflecting the new curriculum for the second half of the Summer term 2027. There are only two lessons parents have the right to withdraw children from in Year 6.

Summer 2027 RSE	1	2	3	4	5	6
Y3 Connecting with others.	How can I respect myself?	What are my personal boundaries?	What makes a family?	How can I be a good friend?	How can we repair a friendship after falling out?	What are the different types of bullying?
Y4 Growing Up	What are body boundaries?	How will I grow and change during puberty?	Which emotional changes could I experience when growing up?	What is a period?	How can we show kindness and understanding about body changes?	Who can I talk to about growing up and changes?
Y5 Growing Up	How will my body grow during puberty?	How can I keep myself clean and hygienic?	How can we treat others with kindness during puberty?	How can I manage my emotions and feelings during puberty?	What is a period?	How can I challenge behaviour which crosses personal boundaries?
Y6	Which words can we use to describe our private body parts?	How are babies made? (Parents may withdraw children from this lesson)	What happens in pregnancy and how are babies born? (Parents may withdraw children from this lesson)	How are families formed?	How does life change after having a baby?	What is consent?